

Ethnobotany of Mountain Regions

Series Editors:

R. W. Bussmann · N. Y. Paniagua-Zambrana

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F. Merlin Franco *Editor*

Ethnobotany of the Mountain Regions of Southeast Asia



Springer

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Institute of Botany and Bakuriani Alpine Botanical Garden

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Tbilisi, Georgia

Saving Knowledge

La Paz, Bolivia

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La Paz, Bolivia

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Ethnobotanical research in recent years has increasingly shifted into applied aspects of the discipline, including climate change research, conservation, and sustainable development. It has by now widely been recognized that “traditional” knowledge is always in flux and adapting to a quickly changing environment. Trends of globalization, especially the globalization of plant markets, have greatly influenced how plant resources are managed nowadays. While ethnobotanical studies are now available from many regions of the world, no comprehensive encyclopedic series focusing on the worlds mountain regions is available in the market. Scholars in plant sciences worldwide will be interested in this website and its dynamic content.

The field (and thus the market) of ethnobotany and ethnopharmacology has grown considerably in recent years. Student interest is on the rise, attendance at professional conferences has grown steadily, and the number of professionals calling themselves ethnobotanists has increased significantly (the various societies—Society for Economic Botany, International Society of Ethnopharmacology, Society of Ethnobiology, International Society for Ethnobiology, and many regional and national societies in the field currently have thousands of members). Growth has been most robust in BRIC countries.

The objective of this new series on Ethnobotany of Mountain Regions is to take advantage of the increasing international interest and scholarship in the field of mountain research. We anticipate including the best and latest research on a full range of descriptive, methodological, theoretical, and applied research on the most important plants for each region. Each contribution will be scientifically rigorous and contribute to the overall field of study.

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F. Merlin Franco
Editor

Ethnobotany of the Mountain Regions of Southeast Asia

With 418 Figures and 1 Table



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Editor

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Dedicated to the folk healers of Southeast Asia

Preface

Plants assume ethnobotanical importance only when they are associated with human societies. Use of plants as medicine, food, fodder, and cultural purposes all happen in specific cultural and landscape contexts. This is a major factor often ignored by biologists studying human-plant relationship. Touting a plant as an ethnobotanically important one without providing adequate information on the societies that use them, or the context of use, distorts the picture. Chapters included in this volume provide comprehensive information on the medicinal, food, cultural, and phytochemical values of selected plant species, along with the cultural context. Gleaning out these information from published literature was not an easy task as a good percentage of published articles merely mention the plant use without specifying the community and context of its use. Also, most literature do not provide an understanding on how plant use has changed over times. Our authors have taken extra care to ensure that these information are presented, wherever possible. Another highlight of this volume is that majority of our contributing authors are budding ethnobiologists. These youngsters are poised to emerge as torch bearers of ethnobiology in Southeast Asia, and the larger Asian continent. We hope that this volume would serve as an important reference material for academics, plant lovers, and members of local communities of Southeast Asia.

Acknowledgments

This volume took birth with an invitation from Rainer W. Bussmann and Narel Y. Paniagua-Zambrana, series editors of Ethnobotany of Mountain Regions. I thank both of them for providing me the opportunity to edit the volume and also the freedom to include sections on biocultural importance of the selected species.

I express my sincere gratitude to all individual authors who have contributed to this volume. However, I should specifically place on record the important role played by Anisatu Z. Wakhidah, a young ethnobiologist from Indonesia. Her entry into the project came at a time when we had suffered a major setback with a few authors dropping out. She had helped me network with other ethnobiologists from Indonesia. Without her, this project would have taken longer to complete.

For this volume, I had the privilege to work with an extremely efficient team at Springer Nature including Eric Stannard, Johanna Klute, and Sylvia Blago. The experience and patience of Johanna and Sylvia helped a lot in troubleshooting various unforeseen glitches that arose especially during the initial stages of the project.

Special thanks to D. Narasimhan, former professor of botany at Madras Christian College, Chennai, and Santhana Ganesan of Singapore Botanical Gardens for their moral support and encouragement.

I thank the Institute of Asian Studies at Universiti Brunei Darussalam for supporting me throughout this project. Though ethnobiology is an interdisciplinary subject, in Asia it is often considered as a part of the natural sciences due to the domination of a bioprospecting narrative. I am indebted to my home institute for appreciating the interdisciplinary value of this project and permitting me to work on this.

F. Merlin Franco

Contents

Volume 1

Part I Country Profiles	1
Introduction to Ethnobotany of the Mountain Regions of Southeast Asia	3
F. Merlin Franco and Wendy A. Mustaqim	
Part II Plant Profiles	29
<i>Abrus precatorius</i> L. FABACEAE	31
Krishnamoorthy Devanathan	
<i>Acer laurinum</i> Hassk. SAPINDACEAE	43
Rina Ratnasih Irwanto and Arifin Surya Dwipa Irsyam	
<i>Acorus calamus</i> L. ACORACEAE	49
Kreni Lokho and F. Merlin Franco	
<i>Acrothamnus suaveolens</i> (Hook.f.) C.J.Quinn ERICACEAE	55
Wendy A. Mustaqim	
<i>Aeschynanthus radicans</i> Jack GESNERIACEAE	59
Rina Ratnasih Irwanto and Arifin Surya Dwipa Irsyam	
<i>Agathis borneensis</i> Warb. ARAUCARIACEAE	65
A. Nithaniyal Stalin and F. Merlin Franco	
<i>Agathis dammara</i> (Lamb.) Poir. ARAUCARIACEAE	73
Richard Francisco Clemente	
<i>Aleurites moluccana</i> (L.) Willd. EUPHORBIACEAE	79
Wendy A. Mustaqim and Reza Raihandhany Yus	
<i>Alpinia vanoverberghii</i> Merr. ZINGIBERACEAE	89
Racquel C. Barcelo and Jonathan M. Barcelo	

<i>Angiopteris evecta</i> (G.Forst.) Hoffm.	MARATTIACEAE	93
Muhamad Muhamin and Wendy A. Mustaqim		
<i>Anodendron borneense</i> (King & Gamble)	D.J.Middleton	
APOCYNACEAE		103
Mark Lloyd Granaderos Dapar		
<i>Aquilaria malaccensis</i> Lam.	THYMELAEACEAE	109
Wendy A. Mustaqim		
<i>Araucaria cunninghamii</i> var. <i>papuana</i>	LAUTERB. ARAUCARIACEAE	127
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Areca catechu</i> L.	ARECACEAE	135
Rina Ratnasih Irwanto and Arifin Surya Dwipa Irsyam		
<i>Arenga pinnata</i> (Wurmb)	MERR. ARECACEAE	143
Wawan Sujarwo and Ary Prihardhyanto Keim		
<i>Argemone mexicana</i> L.	PAPAVERACEAE	155
Krishnamoorthy Devanathan		
<i>Artocarpus heterophyllus</i> Lam	MORACEAE	169
Krishnamoorthy Devanathan and A. Nithaniyal Stalin		
<i>Asplenium nidus</i> L.	ASPLENIACEAE	181
Muhamad Muhamin		
<i>Bauhinia monandra</i> Kurz	FABACEAE	189
Mark Lloyd Granaderos Dapar		
<i>Biancaea sappan</i> (L.) Tod.	FABACEAE	195
Krishnamoorthy Devanathan		
<i>Biophytum umbraculum</i> Welw.	OXALIDACEAE	213
Anisatu Z. Wakhidah and Wendy A. Mustaqim		
<i>Calamus manillensis</i> (Mart.) H. Wendl.	ARECACEAE	219
Racquel C. Barcelo and Jonathan M. Barcelo		
<i>Cananga odorata</i> (Lam.) Hook.f. & Thomson	ANNONACEAE	225
Wendy A. Mustaqim and Diny Hartiningtias		
<i>Canarium ovatum</i> Engl.	BURSERACEAE	239
Marina Silalahi and Anisatu Z. Wakhidah		
<i>Cardiospermum halicacabum</i> L.	SAPINDACEAE	245
Krishnamoorthy Devanathan		
<i>Castanopsis argentea</i> (Blume) A. DC.	FAGACEAE	255
Aisyah Handayani and Syafitri Hidayati		

<i>Centella asiatica</i> (L.) Urb. APIACEAE	261
Anisatu Z. Wakhidah and Wendy A. Mustaqim	
<i>Chloranthus elatior</i> Link CHLORANTHACEAE	269
Heri Santoso	
<i>Chromolaena odorata</i> (L.) R.M. King & H. Rob ASTERACEAE	275
Kryssa D. Balangcod and Ashlyn Kim D. Balangcod	
<i>Cibotium barometz</i> (L.) J.Sm. CYATHEACEAE	283
Daniele Cicuzza	
<i>Cinnamomum burmanni</i> (Nees & T.Nees) Blume LAURACEAE	289
Wawan Sujarwo and Ary Prihardhyanto Keim	
<i>Cinnamomum cebuense</i> Kosterm LAURACEAE	297
Mark Lloyd Granaderos Dapar	
<i>Cinnamomum mercadoi</i> S.Vidal LAURACEAE	305
Mark Lloyd Granaderos Dapar	
<i>Cinnamomum sintoc</i> Blume LAURACEAE	311
Aisyah Handayani and Syafitri Hidayati	
<i>Clitoria ternatea</i> L. FABACEAE	317
Marina Silalahi	
<i>Cordia dichotoma</i> G.Forst. BORAGINACEAE	323
A. Nithaniyal Stalin	
<i>Cratoxylum sumatranum</i> (Jack) Blume HYPERICACEAE	333
Mark Lloyd Granaderos Dapar	
<i>Curcuma longa</i> L. ZINGIBERACEAE	339
Marina Silalahi	
<i>Dianella ensifolia</i> (L.) Redouté ASPHODELACEAE	347
Kreni Lokho and Wendy A. Mustaqim	
<i>Dillenia philippinensis</i> Rolfe DILLENIACEAE	353
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Diplazium esculentum</i> (Retz.) Sw. ATHYRIACEAE	359
Daniele Cicuzza	
<i>Donax canniformis</i> (G.Forst.) K.Schum. MARANTACEAE	365
Marina Silalahi and Anisatu Z. Wakhidah	
<i>Dracontomelon dao</i> (Blanco) Merr. & Rolfe ANACARDIACEAE	373
Mark Lloyd Granaderos Dapar	
<i>Durio zibethinus</i> L. MALVACEAE	379
Wendy A. Mustaqim	

<i>Elaeagnus triflora</i> Roxb. ELAEAGNACEAE	387
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Equisetum ramosissimum</i> Desf. EQUISETACEAE	391
Muhamad Muhamimin and Wendy A. Mustaqim	
<i>Erechtites valerianifolius</i> (Link ex Spreng.) DC. ASTERACEAE	401
Mark Lloyd Granaderos Dapar	
<i>Erythrina subumbans</i> (Hassk.) Merr. FABACEAE	407
Rina Ratnasih Irwanto, Arifin Surya Dwipa Irsyam, and Reza Raihandhany Yus	
<i>Etlingera alba</i> (Blume) A.D. Poulsen ZINGIBERACEAE	413
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Etlingera coccinea</i> (Blume) S. Sakai & Nagam. ZINGIBERACEAE	417
Krishnamoorthy Devanathan and Wendy A. Mustaqim	
<i>Eurycoma longifolia</i> Jack SIMAROUBACEAE	425
Wendy A. Mustaqim, Reza Raihandhany Yus, and Muhammad Badrul Tamam	
<i>Ficus benjamina</i> (L.) MORACEAE	439
Anisatu Z. Wakhidah, Dafi Al Anshory, and Wendy A. Mustaqim	
<i>Ficus minahassae</i> (Teijsm. & de Vriese) Miq. MORACEAE	447
Wendy A. Mustaqim and Wisnu H. Ardi	
<i>Ficus montana</i> Burm.f. MORACEAE	453
Wendy A. Mustaqim	
<i>Ficus padana</i> Burm.f. MORACEAE	459
Arifin Surya Dwipa Irsyam, Wendy A. Mustaqim, and Rina Ratnasih Irwanto	
<i>Ficus racemosa</i> L. MORACEAE	465
Dewi S. Amboupe and Wendy A. Mustaqim	
<i>Ficus septica</i> Burm.f. MORACEAE	471
Wendy A. Mustaqim	
<i>Flacourtie inermis</i> Roxb. SALICACEAE	479
Wendy A. Mustaqim and Reza Raihandhany Yus	
<i>Flemingia strobilifera</i> (L.) W.T.Aiton FABACEAE	485
Wendy A. Mustaqim	
<i>Flueggea virosa</i> (Roxb. ex Willd.) Royle PHYLLANTHACEAE	493
Wendy A. Mustaqim	
<i>Garcinia binucao</i> (Blanco) Choisy CLUSIACEAE	499
Racquel C. Barcelo and Jonathan M. Barcelo	

<i>Garcinia mangostana</i> L. CLUSIACEAE	505
Mark Lloyd Granaderos Dapar	
<i>Gaultheria leucocarpa</i> Blume ERICACEAE	517
Wendy A. Mustaqim and Eka Setiawan	
<i>Geodorum densiflorum</i> (Lam.) Schltr. ORCHIDACEAE	525
Wendy A. Mustaqim	
<i>Gnetum gnemon</i> L. GNETACEAE	531
Marina Silalahi	
<i>Gunnera macrophylla</i> Blume GUNNERACEAE	539
Kryssa D. Balangcod and Ashlyn Kim D. Balangcod	
<i>Helminthostachys zeylanica</i> (L.) Hook. OPHIOGLOSSACEAE	545
Daniele Cicuzza	
<i>Hippobroma longiflora</i> (L.) G. Don CAMPANULACEAE	551
Anisatu Z. Wakhidah, Syafroni Pranata, and Wendy A. Mustaqim	
<i>Homalanthus macradenius</i> Pax & K.Hoffm. EUPHORBIACEAE	557
Mark Lloyd Granaderos Dapar	
<i>Hoya lacunosa</i> Blume APOCYNACEAE	563
Wendy A. Mustaqim and Wisnu H. Ardi	
<i>Hyptis capitata</i> Jacq. LAMIACEAE	567
Mark Lloyd Granaderos Dapar	
<i>Ixora philippinensis</i> Merr. RUBIACEAE	573
Mark Lloyd Granaderos Dapar	

Volume 2

<i>Kaempferia galanga</i> L. ZINGIBERACEAE	579
Marina Silalahi	
<i>Leea manillensis</i> Walp. VITACEAE	587
Mark Lloyd Granaderos Dapar	
<i>Leptoselena haenkei</i> C. Presl ZINGIBERACEAE	593
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Leucosyke capitellata</i> (Poir.) Wedd. URTICACEAE	599
Mark Lloyd Granaderos Dapar	
<i>Lilium philippinense</i> Baker LILIACEAE	605
Teodora D. Balangcod and Ashlyn Kim D. Balangcod	
<i>Liquidambar excelsa</i> (Noronha) Oken ALTINGIACEA	613
Aisyah Handayani and Syafitri Hidayati	

<i>Lithocarpus jordanae</i> (Laguna) Rehder	FAGACEAE	619
Melanie S. Subilla and Zenaida G. Baoanan		
<i>Litsea cubeba</i> (Lour.) Pers.	LAURACEAE	625
Rina Ratnasih Irwanto, Arifin Surya Dwipa Irsyam, and		
Reza Raihandhany Yus		
<i>Lygodium circinnatum</i> (Burm.f.) Sw.	LYGODIACEAE	633
Daniele Cicuzza		
<i>Lygodium microphyllum</i> (Cav.) R. Br.	LYGODIACEAE	639
Muhamad Muhamimin		
<i>Macaranga magna</i> Turrill	EUPHORBIACEAE	645
Teodora D. Balangcod and Kryssa D. Balangcod		
<i>Macaranga tanarius</i> (L.) Müll.Arg.	EUPHORBIACEAE	651
Wendy A. Mustaqim		
<i>Maclura cochinchinensis</i> (Lour.) Corner	MORACEAE	663
Arifin Surya Dwipa Irsyam, Wendy A. Mustaqim, and		
Rina Ratnasih Irwanto		
<i>Medinilla pendula</i> Merr.	MELASTOMATACEAE	669
Racquel C. Barcelo and Jonathan M. Barcelo		
<i>Melanolepis multiglandulosa</i> (Reinw. ex Blume)	EUPHORBIACEAE	675
Mark Lloyd Granaderos Dapar		
<i>Melastoma malabathricum</i> L.	MELASTOMATACEAE	681
Wendy A. Mustaqim		
<i>Melia dubia</i> Cav.	MELIACEAE	707
A. Nithaniyal Stalin		
<i>Murraya paniculata</i> (L.) Jack	RUTACEAE	715
Wendy A. Mustaqim and Reza Raihandhany Yus		
<i>Musa balbisiana</i> Colla	MUSACEAE	727
Racquel C. Barcelo and Jonathan M. Barcelo		
<i>Mussaenda philippica</i> A.Rich.	RUBIACEAE	733
Mark Lloyd Granaderos Dapar		
<i>Myrmecodia brassii</i> Merr. & L.M.Perry	RUBIACEAE	739
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Myrmecodia lamii</i> Merr. and L.M. Perry	RUBIACEAE	745
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Nepenthes maxima</i> Reinw. ex Nees	NEPENTHACEAE	751
Wendy A. Mustaqim		

<i>Nothofagus brassii</i> Steenis	NOTHOFAGACEAE	757
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Nothofagus starkenborghiorum</i> Steenis	NOTHOFAGACEAE	763
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Oroxylum indicum</i> (L.) Kurz	BIGNONIACEAE	769
Krishnamoorthy Devanathan		
<i>Pandanus amaryllifolius</i> Roxb. ex Lindl.	PANDANACEAE	783
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Pandanus antaresensis</i> H.St.John	PANDANACEAE	791
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Pandanus conoideus</i> Lam.	PANDANACEAE	799
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Pandanus julianettii</i> Martelli	PANDANACEAE	807
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Papuacedrus papuana</i> (F.J. Mueller)	CUPRESSACEAE	817
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Passiflora foetida</i> L.	PASSIFLORACEAE	825
Dewi S. Amboupe and Wendy A. Mustaqim		
<i>Peperomia pellucida</i> (L.) Kunth	PIPERACEAE	835
Anisatu Z. Wakhidah, Cindy Novianti, and Wendy A. Mustaqim		
<i>Phaleria macrocarpa</i> (Scheff.) Boerl.	THYMELAEACEAE	843
Wendy A. Mustaqim, Reza Raihandhany Yus, and Muhammad Badrut Tamam		
<i>Phanera semibifida</i> (Roxb.) Benth.	FABACEAE	857
Mark Lloyd Granaderos Dapar		
<i>Phyllanthus emblica</i> L.	PHYLLANTHACEAE	863
Arifin Surya Dwipa Irsyam, Wendy A. Mustaqim, and Rina Ratnasih Irwanto		
<i>Phyllocladus hypophyllus</i> Hook.f.	PODOCARPACEAE	873
Ary Prihardhyanto Keim and Wawan Sujarwo		
<i>Pinus merkusii</i> Jungh. & de Vriese	PINACEAE	881
Wendy A. Mustaqim		
<i>Piper betle</i> L.	PIPERACEAE	889
Marina Silalahi		
<i>Piper decumanum</i> L.	PIPERACEAE	901
Mark Lloyd Granaderos Dapar		

<i>Piper sarmentosum</i> Roxb. PIPERACEAE	907
Kreni Lokho and F. Merlin Franco	
<i>Pittosporum resiniferum</i> Hemsl. PITTOSSPORACEAE	913
Melanie S. Subilla and Zenaida G. Baoanan	
<i>Platostoma palustre</i> (Blume) A.J.Paton LAMIACEAE	921
Heri Santoso	
<i>Plectocomia elongata</i> Mart. ex Blume ARECACEAE	927
Arifin Surya Dwipa Irsyam, Wendy A. Mustaqim, and Rina Ratnasih Irwanto	
<i>Polygala paniculata</i> L. POLYGALACEAE	933
Kreni Lokho and Wendy A. Mustaqim	
<i>Proiphys amboinensis</i> (L.) Herb. AMARYLLIDACEAE	941
Anisatu Z. Wakhidah and Wendy A. Mustaqim	
<i>Rubus fraxinifolius</i> Poir. ROSACEAE	947
Maverick N. Tamayo and Zenaida G. Baoanan	
<i>Sambucus javanica</i> Reinw. ex Blume VIBURNACEAE	955
Marina Silalahi and Anisatu Z. Wakhidah	
<i>Saurauia bontocensis</i> Merr. ACTINIDIACEAE	963
Melanie S. Subilla and Zenaida G. Baoanan	
<i>Saurauia elegans</i> (Choisy) Fern.-Vill. ACTINIDIACEAE	969
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Saurauia sparsiflora</i> Elmer ACTINIDIACEAE	973
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Schefflera elliptica</i> (Blume) Harms ARALIACEAE	977
Kreni Lokho and Krishnamoorthy Devanathan	
<i>Schima wallichii</i> (DC.) Korth. THEACEAE	983
Aisyah Handayani and Syafitri Hidayati	
<i>Shorea javanica</i> Koord. & Valeton DIPTEROCARPACEAE	991
Anisatu Z. Wakhidah, I. Gusti Ayu Rai Sawitri, and Wendy A. Mustaqim	
<i>Smilax bracteata</i> C. Presl. SMILACACEAE	999
Krishnamoorthy Devanathan	
<i>Sphaeropteris tomentosissima</i> (Copel.) R. M. Tryon CYATHEACEAE	1003
Ary Prihardhyanto Keim and Wawan Sujarwo	
<i>Spondias pinnata</i> (L.f.) Kurz. ANACARDIACEAE	1009
Wawan Sujarwo and Ary Prihardhyanto Keim	

<i>Staurogyne elongata</i> (Nees) Kuntze ACANTHACEAE	1015
Aisyah Handayani and Syafitri Hidayati	
<i>Stenochlaena palustris</i> (Burm. f.) Bedd. BLECHNACEAE	1021
Daniele Cicuzza	
<i>Syzygium cumini</i> (L.) Skeels MYRTACEAE	1027
Anisatu Z. Wakhidah and Wendy A. Mustaqim	
<i>Syzygium leucoxylon</i> Korth. MYRTACEAE	1035
Krishnamoorthy Devanathan and Jurgenne H. Primavera	
<i>Syzygium malaccense</i> (L.) Merr. & L.M.Perry MYRTACEAE	1041
Wendy A. Mustaqim	
<i>Tasmannia piperita</i> (Hook.f.) Miers WINTERACEAE	1051
Melanie S. Subilla and Zenaida G. Baoanan	
<i>Taxus wallichiana</i> Zucc. TAXACEAE	1059
Muhamad Muhamimin, Arifin Surya Dwipa Irsyam, and	
Wendy A. Mustaqim	
<i>Tetragastris loheri</i> Gagnep. VITACEAE	1067
Marina Silalahi and Anisatu Z. Wakhidah	
<i>Tinospora crispa</i> (L.) Hook.f. & Thomson MENISPERMACEAE	1071
Mark Lloyd Granaderos Dapar	
<i>Tithonia diversifolia</i> (Hemsl.) A.Gray ASTERACEAE	1079
Teodora D. Balangcod and Ashlyn Kim D. Balangcod	
<i>Uncaria gambir</i> (W.Hunter) Roxb. RUBIACEAE	1085
Rina Ratnasih Irwanto, Arifin Surya Dwipa Irsyam, and	
Reza Raihandhany Yus	
<i>Uncaria lanosa</i> Wall. RUBIACEAE	1091
Mark Lloyd Granaderos Dapar	
<i>Vaccinium barandanum</i> S. Vidal ERICACEAE	1097
Racquel C. Barcelo and Jonathan M. Barcelo	
<i>Vaccinium myrtoides</i> (Blume) Miq. ERICACEAE	1101
Melanie S. Subilla and Zenaida G. Baoanan	
<i>Viburnum luzonicum</i> Rolfe VIBURNACEAE Raf.	1107
Melanie S. Subilla and Zenaida G. Baoanan	
<i>Vitex negundo</i> L. LAMIACEAE	1115
A. Nithaniyal Stalin	
<i>Vitex parviflora</i> A.Juss. LAMIACEAE	1125
Mark Lloyd Granaderos Dapar	

Xanthosoma sagittifolium (L.) Schott ARACEAE	1131
Arifin Surya Dwipa Irsyam, Wendy A. Mustaqim, and	
Rina Ratnasih Irwanto	
Photographs and Fundings	1137



Nothofagus brassii Steenis

NOTHOFAGACEAE

Ary Prihardhyanto Keim and Wawan Sujarwo

Synonyms

Nothofagus recurva Steenis; *Trisyngyne brassii* (Steenis) Heenan & Smissen; *Trisyngyne recurva* (Steenis) Heenan & Smissen

Local Names

Indonesia: *Sagé, sagé hitam* (Wamena, Papua, Indonesian New Guinea), *sahé* (Yali, Papua, Indonesian New Guinea), *kayu sagé, kayu sagé hitam* (Indonesian).

Botany and Ecology

Description: *Nothofagus brassii* is a monoecious tree up to 40 m in height, and over 1 m diameter; twigs coarse, faintly zigzag, internodes slightly flattened (Fig. 1). Perules ovate, ca. 4 mm. Leaves elliptic-oblong, 3.5–5.5 by 1.5–2.25 cm, entire hard-coriaceous, the margin strongly recurved, upper surface glossy, apex somewhat acutish; midrib strongly prominent underneath, terete, on the upper surface sulcate with a prominent ridge; primary nerves 7 or 8 pairs, slightly sunken on the upper surface, distinct but faintly prominent underneath; reticulations on the upper surface absent, indistinct underneath; glands distinct on the lower surface, 0.5–0.75 mm spaced. Petiole stout, ca. 0.5 cm. Stipules peltate, acute-oblong, 5–6 by 2.5 mm, early caducous, attached in the lower part. Male flowers in triads, orange, rather

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Fig. 1 *Nothofagus brassii*.
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tubular, more or less sessile, limb truncate 3-toothed; anthers about 15. Pistillate inflorescence erect, peduncled; flowers 3 (1 or 2 laterals sometimes abortive and sterile), ovate, wings surrounding the style-base; style 1–2.5 mm. Cupule about as large as the pistillate flowers, roundish, split halfway down, when young about 1 cm peduncled, and 1 cm broad, later when ripe ca. 1.25 cm peduncled, ca. 1.5 cm through, distinctly 4–5 lamellate, thick woody. Nuts very different in shape by mutual pressure, often partly abortive, ovate to broad-ovate or suborbicular, distinctly winged towards the apex, averaging 6 by 6–9 by 6 mm, the largest ones ovate, 10 by 6 mm inclusive of apical wings.

Phenology: The flowering and fruiting time are observed from October to November (Van Steenis 1953; Van Royen 1980; Keim et al. 2018).

Distribution and Habitat: *Nothofagus brassii* is an endemic species of highland New Guinea, particularly the Jayawijaya Range in the Indonesian part of mainland New Guinea (Van Steenis 1952, 1953). The species is one of the two species (the other is *N. starkenborghiorum*) of the genus found in the upper montane forest around Lake Habbema in the Jayawijaya Range at about 2000–3000 m above sea level altitude, and in the mossy forest at around 3000–3500 m above sea level altitude (Fig. 2) (Van Steenis 1953; Van Royen 1980; Keim et al. 2018). *Nothofagus*



Fig. 2 *Nothofagus brassii* is found in the upper montane forest around Lake Habbema in the Jayawijaya Range. (© Ary P. Keim)

brassii is more commonly found in higher altitudes than *N. starkenborghiorum* and dominates the mossy forest (Van Steenis 1953; Read and Hope 1996).

Local Medicinal Uses

Indonesia: Keim et al. (2018) recorded that the Dani of Baliem Valley in Jayawijaya believe use the leaves and barks of *N. brassii* to cure many illnesses that are difficult to be cured by other traditional medicines. The symptoms of such illnesses clinically resemble cancer and degenerative sicknesses. Perhaps, this is the reason behind the sacred notions attached to Lake Habbema by the Dhani people, and it is the only part in New Guinea that is not culturally claimed by any tribes in Jayawijaya.

Phytochemistry

Nothofagus brassii may contain the same chemical constituent found in *N. fusca* from New Zealand, Nothofagin (see Hills and Inoue 1967). Nothofagin is a dihydrochalcone, which is a C-linked phloretin glucoside and a phenolic antioxidant

(Hills and Inoue 1967). This possibly forms the basis for its use in traditional medicine by the Dhani of the Baliem Valley (see Keim et al. 2018). *N. brassii* is a promising source of antioxidant from the highlands of New Guinea.

Local Food Uses

Indonesia: The fruits are not eaten by humans although the Dhani mention that the fruits are eaten by wild mammals most likely species of kangaroo, which are also found in highlands of New Guinea (Hope 1976). Keim et al. (2018) spotted a taxon of small kangaroo identified as a possible individual of *Thylogale browni* (Macropodidae). The people of Ndumba, Papua New Guinea, harvest the large white edible grubs living in the rotting trunks, and edible fungi at the base of a species of *Nothofagus*, presumably also from *N. brassii* (see Hays 1980; Milliken 2006).

Biocultural Importance

Indonesia: *Nothofagus brassii* is massive-robust tall tree with the distinctive bright reddish brown young leaves, outer wood brown, dark brown to blackish brown. Hence the origin of the vernacular name *sagé hitam* (*hitam* = black; thus Black Sagé). The Dani people regard the wood of *N. brassii* (known to them as sage or black sage) as exceptionally important and use it for building houses and fences. The Dani regard the wood as a sacred link between their people and their ancestors (personal observation). The wood of *N. brassii* has never been used for building livestock fences, even for pigs despite the fact that pigs are extremely important for the people of New Guinea, including the Dani (Rappaport 1968).

Economic Importance

Indonesia: The timbers of *N. brassii* have been harvested for woods (Fig. 3). The wood is regarded as a good building material. In the past decade, the species has experienced massive logging (mostly illegal) including the populations in the Lorentz National Park (Keim et al. 2018). The threat has turned even bigger in recent years as Wamena has developed into a cosmopolitan town, and the District of Jayawijaya has been divided into several new districts, increasing demand for wood. The Trans New Guinea highway that connects Wamena to Nduga in the south through the National Park including the Lake Habbema is nearing completion, which would make access to the park easier. Thus, the possibility of exporting the wood outside Jayawijaya in the near future looms large. The recent developments warrant a revision of the Near Threatened status, accorded to it in the IUCN Red List (Baldwin et al. 2018), to Threatened.



Fig. 3 Wood used in bridge construction. (© Ary P. Keim)

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